



ITP Spring Hiking 2012

ITP has planned and organized a hiking activity for members with families to enjoy a leisure walk along a beautiful trail as from Shing Mun, Pineapple Dam (城門菠蘿壩) to Tai Po, Wan Yiu (大埔碗窰). Starting from Pineapple Dam, hikers will walk along a Nature Trail with beautiful scenery and clear signs of trees and directions. When walking along the path from Lead Mine Pass (鉛鑛坳) down to Wan Yiu, hikers will have a panorama of Tai Po. After the walk, team members could consider to taste the famous food and various dim sum, especially the dessert, 豆腐花 etc, at Tai Po market.

Details of the Hiking :

Date/ Time of Assembly : 19.2.2012 (Sunday), 0930 hrs.

Duration : 09:30 – 15:30 hours

Place of Assembly : MTR Tsuen Wan Station, Exit B.

Route : Tsuen Wan MTR Station (荃灣地鐵站), to Siu Wo St (兆和街) on foot, and to take mini bus No.82 to Shing Mun Pineapple Dam (城門菠蘿壩), through Pineapple Dam Nature Trail, Shing Mun Valley Jogging Trail, to Pun Han pavilion (半閒亭), then to Lead Mine Pass (鉛鑛坳), down to Tai Po Wan Yiu, Sun Uk Ka (大埔碗窰, 新屋家), Mini-bus No. 23K to Tai Po town.

Distance and difficulty level : 11-12 Km, 4-4.5 hours walk. 1-1.5 star of a 5-star level.

Personal gears : Jungle boots/shoes, hiking stick, camera, sun-glasses, wind-breaker, reserve T-shirt.

Lunch : Self prepared packed lunch.(water and bread/sandwich be OK).

Enquiry : Dr Denny Chow, GM ITP at Tel: 6100 0123 or

Event Organisers : Mr. Tommy Choy at Tel: 90381976, Mr. Sunny Chan at Tel: 90977790.

Join us by filling the REPLY SLIP and fax to ITP Secretariat on or before 16.2.2012.

REPLY SLIP (Fax: 2309 2799)

To: Institute of Training Professionals

Re: ITP – Spring Hiking 2012– 19.2.2012 (Sunday)

Date: _____

Please enroll me/us for the captioned event.

Name	Member (Y / N)	Contact Tel.	Email

NOTICE: In taking part in this event, participant shall be responsible for his/her own safety and shall hold ITP harmless against all claims.

INSTITUTE OF TRAINING PROFESSIONALS 培訓專業學會

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