



ITP Spring Hiking 2014

ITP has planned and organized a hiking activity for members with families to enjoy a scenic walk to Cheung sheung (嶂上). The details of the route and other arrangements of the hiking are shown below.

Date/ time of Assembly : 29.3.2014 (Saturday) , 0930 hrs. Duration : 0930 – 1600 hours.

Place of Assembly : Sai Kung (西貢) Bus Terminal. Bus no. 94.

(Bus to Sai Kung: 92-Diamond Hill MTR Stn; 299X-Sha Tin New Town Plaza.
Mini bus to Sai Kung: 1A-Choi Hung MTR Stn; 101M-Hang Hau MTR Stn).

Distance : 9-10 Km, 4-4.5 hours walk. Difficulty level : 2-3 star of a 5-star level.

Personal gears : Water, Jungle boots/shoes, hiking stick, camera, sun-glasses, wind-breaker.

Lunch : self prepared packed lunch.

Route : Ko Tong Ha Yeung (高塘下洋), Tai Tan (大灘), Hoi Ha Road (海下路), Hau Tong Kai (猴塘溪), Wong Chuk Long (黃竹壆), Cheung Sheung (嶂上), Wa Mei Shan (畫眉山), Yung Pak Corridor (榕北走廊), Pak Tam Chung (北潭涌).

Enquiry: Dr Denny Chow, GM ITP at Tel: 6100 0123, or

Event Organizers: Tommy Choy - Tel: 90381976, Sunny Chan -Tel: 90977790.

Join us by filling the REPLY SLIP and fax to ITP Secretariat on or before 26.3.2014.

REPLY SLIP (Fax: 2309 2799)

To: Institute of Training Professionals

Re: ITP – Spring Hiking 2014– 29.3.2014

Date: _____

Please enroll me/us for the captioned event.

Name	Member (Y / N)	Contact Tel.	Email

NOTICE: In taking part in this event, participant shall be responsible for his/her own safety and shall hold ITP harmless against all claims.

INSTITUTE OF TRAINING PROFESSIONALS 培訓專業學會

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