



ITP Hiking in Fall 2015

ITP has planned and organized a hiking activity for members, their families & friends to enjoy a scenic walk at Ma On Shan Country Park. The route starts from Ma On Shan Village (馬鞍山村), uphill to Pyramid Hill (大金鐘), then to Ngong Ping (昂平), Luk Chau Shan (鹿巢山), and back to Ma On Shan Village.

Details of the Hiking:

- Date/ time of Assembly : 12 Dec. 2015 (Saturday) , 1000 hrs. Duration : 1000 – 1500 hours.
Place of Assembly : Ma On Shan Sunshine City shopping mall, 1/F, fountain side.
MTR Ma On Shan Line, Ma On Shan Station.
Distance : 6-7 Km, 3-3.5 hours' walk. Difficulty level : 2-2.5 star on a 5-star scale.
Personal gears : Jungle boots/shoes, hiking stick, camera, sun-glasses, wind-breaker.
Lunch : Self prepared packed lunch and water.

Route : Ma On Shan Village (馬鞍山村), Pyramid Hill (大金鐘), Ngong Ping (昂平), Luk Chau Shan (鹿巢山), Ma On Shan Village (馬鞍山村).

Enquiry: Dr. Denny Chow, GM, ITP at Tel: 6100 0123 or

Event Organizers: Tommy Choy - Tel: 9038 1976; Sunny Chan -Tel: 9097 7790.

Join us by filling the REPLY SLIP and fax to ITP Secretariat before 10 Dec. 2015.

REPLY SLIP (Fax: 2309 2799)

To: Institute of Training Professionals

Re: ITP – Hiking in Fall 2015– 12 Dec. 2015

Date: _____

Please enroll me/us for the captioned event.

Name	Member (Y / N)	Contact Tel.	Email

NOTICE: *In taking part in this event, participant shall be responsible for his/her own safety and shall hold ITP harmless against all claims.*