



ITP Hiking in Fall 2013

ITP has planned and organized a hiking activity for members with families to enjoy a scenic walk from Wu kau Tang (烏蛟騰), through Kau Tam Tso (九擔租), then uphill to Lai Tau shek (黎頭石), and to Sam A Tsuen (三桎村). After lunch, the team will go back, through Sam A Chung (三桎涌), Miu Tin (苗田), to Wu Kau Tang (烏蛟騰).

Details of the Hiking:

Date/ time of Assembly : 23.11.2013 (Saturday) , 0930 hrs. Duration : 0930 – 1600 hours.

Place of Assembly : MTR Eastern Railway, Tai Po market Station, Exit A, near taxi stop.

Distance : 9-10 Km, 4-4.5 hours walk. Difficulty level : 1.5-2 star of a 5-star level.

Personal gears : Water, Jungle boots/shoes, hiking stick, camera, sun-glasses, wind-breaker.

Lunch : self prepared packed lunch.

Route : Wu kau Tang (烏蛟騰), Kau Tam Tso (九擔租), Lai Tau shek (黎頭石), Sam A Tsuen (三桎村), Sam A Chung (三桎涌), Miu Tin (苗田), Wu Kau Tang (烏蛟騰).

Enquiry: Dr Denny Chow, GM ITP at Tel: 6100 0123 or

Event Organisers: Mr. Tommy Choy - Tel: 90381976, Mr. Sunny Chan -Tel: 90977790.

Join us by filling the REPLY SLIP and fax to ITP Secretariat on or before 20.11.2013.

REPLY SLIP (Fax: 2309 2799)

To: Institute of Training Professionals

Re: ITP – Hiking in Fall 2013– 23.11.2013

Date: _____

Please enroll me/us for the captioned event.

Name	Member (Y / N)	Contact Tel.	Email

NOTICE: In taking part in this event, participant shall be responsible for his/her own safety and shall hold ITP harmless against all claims.

INSTITUTE OF TRAINING PROFESSIONALS 培訓專業學會

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